PRIVACY POLICY

This Privacy Policy explains how Your Nutrition Coach collects, uses, and safeguards your personal information when you visit the website, social media pages and use their services.

Your Nutrition Coach may change this policy from time to time by updating this page.

Company Name : Your Nutrition Coach (www.yournutritioncoach.uk)

Company Owner : Amanda Shelley

Contact Details : amanda@yournutritioncoach.uk

Your Nutrition Coach is committed to ensuring that your privacy is protected and your information is secure. Your Nutrition Coach will collect personal data to deliver content, services and offers.

Your Nutrition Coach will take reasonable security measures to protect your personal data. Your Nutrition Coach uses trusted analytical and safeguarding tools to help run the business which secures the information collected.

Your Nutrition Coach will not distribute, sell or lease your personal information to third parties.

You can request access to or correction of your personal data at any time.

Your Nutrition Coach would like to keep your details to send you further information about the services they offer.

You can unsubscribe at any time or ask for your data to be deleted or amended by contacting amanda@yournutritioncoach.uk

COOKIE POLICY

This website uses cookies to identify how the site is used. I only use this information for statistical analysis purposes. By using this site, you agree to this policy.

You can clear or disable cookies in your browser settings at any time.

TERMS & CONDITIONS

By using Yournutritioncoach.uk, their social media pages, and/or purchasing a programme and/or one to one coaching, you are agreeing to these terms and conditions.

The website and social media pages are owned and operated by Amanda Shelley. By using this site, you agree to use the content respectfully and not copy, republish, or distribute any material without permission.

The material displayed on my site and social pages are provided without any guarantees, conditions or warranties as to its accuracy.

It shall be your own responsibility to ensure that any services and information available through this website meet your specific requirements.

When interacting on social media pages, I ask that you do so respectfully. Please do not post or comment anything that is deemed offensive, defamatory, obscene or hateful.

You cannot use any of the information provided for your own business use or any financial gain.

In the event of breaching this policy, the account holder and/or content shall be removed.

I reserve the right to update these terms and conditions at any given time by updating this page.

Contracts are made once payment is complete. No refunds are given. Please contact amanda@yournutritioncoach.uk if you have any queries re this matter.

DISCLAIMER

The information and guidance provided by Amanda Shelley and/or Your Nutrition Coach on website and social media pages, are for educational and informational purposes only. The information does not replace professional medical advice and is not intended to diagnose or treat any condition. If you suspect a medical problem, seek appropriate medical attention.

It is designed to help you achieve your health objectives.

Use your judgement when implementing this information.

Amanda Shelley and/or Your Nutrition Coach assumes no responsibility, either directly or indirectly for damage, health problems or inconvenience caused by the use or misuse of information provided.

Any changes you make following advice from Amanda Shelley/Your Nutrition Coach, you do so at your own risk.

You accept full responsibility for your health decisions and actions.

Thank you for taking the time to read